



City of East Providence
145 Taunton Ave.
East Providence, RI 02914



PRESS RELEASE

FOR IMMEDIATE RELEASE

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East Providence Recreation to Offer “Yoga in the Park”

EAST PROVIDENCE, RI – The East Providence Recreation Department announces a 6-week “Yoga in the Park” class, an all-level Vinyasa yoga series that links movement with breath, creating a steady rhythmic practice that builds strength, flexibility, and balance.

The program will run from June 18th – July 23rd, 2026, with classes held weekly at 6 -7 PM at Sabin Point Park (130 Shore Road, Riverside, RI 02915). Attendees are encouraged to bring a yoga mat, water, and a towel. Yoga blocks are encouraged. In the event of inclement weather, cancellation decisions will be made by 4 PM on the day of class.

The fee for the 6-week program is \$30. Registration is available online at eastprovidence.recdesk.com.

For additional information, please contact the Recreation Center at 401-433-6360.

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