
A Life of **LONGEVITY** **Wednesday, July 22** **10:30AM**

Ever wonder what it takes to live a long, healthy life? Genetics is something you can't change but there are a number of habits and practices that one can do to set you up for a longer, healthier life. We'll share them with you at this informative presentation.

Registration is required. Sign up sheet is located at the front desk or by calling 401-435-7800.

