

The loss of a loved one is one of the most difficult experiences anyone can go through.



The pain and grief can be overwhelming. The Robert Rock East Providence Senior Center is committed to helping those in need manage their grief in healthy ways and help begin the healing process.

*We have partnered with Hope Hospice and will be offering grief support groups **the first Friday of every month from 1:00pm-2:00pm.** Whether your loss is recent or from years ago, grief is a journey, and we are here to help you along the way.*



GRIEF SUPPORT AND HEALING

FRIDAY, MAY 3, 1:00PM-2:00PM

East Providence Senior Center
610 Waterman Avenue
East Providence RI 02914