



City of East Providence  
145 Taunton Ave.  
East Providence, RI 02914



## PRESS RELEASE

### FOR IMMEDIATE RELEASE

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### East Providence Recreation offers Home Alone safety class

EAST PROVIDENCE, RI – The City of East Providence Recreation Department will host “Be safe when home alone!” on Tuesday, May 23, 2023, from 5:30-8:30 PM for youth ages 10-14 at the East Providence Recreation Center, located at 610 Waterman Ave.

This class will help prepare your child to safely stay at home alone when necessary. Topics include internet safety, telephone and fire safety, elements of first aid and steps to take in an emergency. Course material is presented in a relaxed and interactive format. Students will learn through role playing, games and acting out emergency situations.

The class is taught by Catherine Alexander DNP, MPH, RN, a certified instructor through the American Heart Association with over 30 years of experience in healthcare and a passion for empowering youth to learn these lifelong skills.

The class fee is \$40 per person. Pre-registration is required. Registration is available online @ [eastprovidence.recdesk.com](http://eastprovidence.recdesk.com).

Students should bring a snack and water bottle.

*For more information, please call the Recreation Center at 401-433-6360.*