

## City of East Providence 145 Taunton Ave. East Providence, RI 02914



#### PRESS RELEASE

#### FOR IMMEDIATE RELEASE

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#### **CONTACT INFO.**:

Patricia Resende Dir. of Communications (401) 435-7500 Ext 11013 (Office) (401) 529-3207 (Mobile) presende@eastprovidenceri.gov

### East Providence Recreation Dept. offers "How to Be a Great Babysitter" class

EAST PROVIDENCE, RI – The City of East Providence Recreation Department will host "How to be a Great Babysitter!" on Monday April 18,2022 from 9 a.m.-3:30 p.m. at the East Providence Recreation Center, located at 610 Waterman Ave.

This six hour course, is recommended for youth ages11-16. Youth are invited to participate in a fast-paced, interactive and fun babysitting course. Students will have lots of hands-on experience learning American Heart Association CPR, choking and Automated External Defibrillator (AED techniques) for saving a life. Students will learn elements of first aid, child safety, changing and feeding a baby, how to handle an emergency, getting your babysitting business started and secrets to being known as the best babysitter on the block.

The class is taught by Emma Alexander, a certified American Heart Association CPR and first aid instructor. She has been working at Mobile Medical Training for five years plus teaching life-saving skills to the next generation. Come join us and be one of only 4 percent of the population who knows how to effectively save a life.

# Class fee is \$75 per person and includes certificate of completion and a T-shirt.

Pre-registration is required. Registration is available online at <u>eastprovidence.recdesk.com</u>.

Students should bring a bagged lunch, water bottle and snacks. For more information please call the East Providence Recreation Center at 401-433-6360.