



**Roberto L. DaSilva**  
Mayor



**Diane Sullivan**  
Dir. East Providence Recreation

**FOR IMMEDIATE RELEASE**

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**CONTACT INFO. :**

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**East Providence Rec offers Babysitting Certification class**

EAST PROVIDENCE, RI – The City of East Providence Recreation Department will host “How to be a Great Babysitter!” on Saturday March 11, 2023 from 9:00 AM to 3:30 PM at the East Providence Recreation Center, located at 610 Waterman Ave. This six-hour course is recommended for youth ages 11-16.

The program is fast-paced, interactive and designed to be a FUN learning experience. Students will receive training in the American Heart Association CPR, choking and (automated external defibrillators (AED) techniques for saving a life. The course includes elements of First Aid, child safety, changing and feeding a baby, how to handle an emergency, getting your babysitting business started and secrets to being known as the best babysitter on the block!

The class is taught by Catherine Alexander DNP, MPH, RN, a certified instructor through the American Heart Association with over 30 years of experience in healthcare and a passion for empowering teens to learn these lifelong skills.

Class fee is \$75.00 per person and includes certificate of completion and a t-shirt. Pre-registration is required. Registration is available online @ [eastprovidence.recdesk.com](http://eastprovidence.recdesk.com). Students should bring a bagged lunch, water bottle and snacks.

*For more information please call the Recreation Center at 401-433-6360.*